



AORTA

ALPHA OMEGA REVIEW OF TORONTO ALUMNI CHAPTER, PI CHAPTER | MAY 2025 VOL. 66. NO.4
WEB SITE: WWW.AOTORONTO.ORG

AO TORONTO ALUMNI & AO HOUSE ASSOCIATION'S

2025 ANNUAL BUSINESS MEETING

TUESDAY, MAY 27TH, 2025

6:30 PM:
REGISTRATION & HOR D'OEUVRES

7:00 PM:
START OF MEETING & DINNER



2025 FAMILY PICNIC AT THE TORONTO ZOO

Sunday, June 8th, 2025



EVENING CONT. ED. REPORT • JOHN LENNON ANSWERED... • SKI TRIP



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ANDREA'S ANGLES



Dear AO family,

I hope you had a wonderful start to 2025 and are looking forward to springtime! Passover is around the corner as I write this. Time flies! Our incoming chapter president Jordan Klimitz is working on the slate for the upcoming Annual Business Meeting in May. I feel like it was just yesterday that I was working on that last April. If you have ever thought about giving back through a volunteer position – join our chapter's Executive and Line! I truly can't believe my year as Chapter President is almost coming to an end. With the help of Velarie, our incredible Executive Administrator, and the rest of the Line Members, representing our members on the Line has been an amazing experience.

AO Toronto's 2025 calendar started with some excellent evening CE – thank you to Wayne Wolfstadt for planning these evenings for us! We heard from Dr. Sean Ostro about Pediatric Primary Care in the General Dentistry Setting, Dr. Phil Walton about Diagnosis and Maintenance Considerations for Dental Implants, and Dr. Geoffrey Duviner about Medication Related Osteonecrosis of the Jaws (MRONJ): A review of causes, prevention and treatment. We also had our annual amazing First Aid & CPR Training as well as a Medical Emergency Review with Dr. Adam Kaplan. Our Half Day Seminar and Charitable Draw also took place at the end of February, and we had the opportunity to learn from members of the Princess Margaret Hospital Dental Oncology Team – Dr. Patricia Brooks, Dr. Gaurav Krishnamoorthy, and Dr. Shahad Joudah. The lecture topic was: Half your patients will have cancer. How does this impact their dental care? This is a subject we are all facing in our offices and our lives, and it was very informative. The Charitable Draw was a huge success! Our many winners were thrilled with their prizes, and we raised over \$8000 for our charities. Our prize donors as well as the event supporters are listed in this issue of the AORTA – please thank all the donors that you know and support their

businesses! The funds we raise during this event are donated to charities through the AO Toronto Board of Trustees. These funds are in addition to the monies raised through our Canadian AO Foundation. This charitable aspect of AO is one that we can all be so proud of.

I attended an online meeting moderated by our current International President Dr. Eldad Helft with all AO Chapter Presidents worldwide. I was so proud to represent our chapter and to share the programming we are doing. It was also great to hear what other chapters are doing worldwide. A goal that International has which we have been working on locally as well is to connect AO with other organizations that share our goals and visions. We have recently connected with the Jewish Medical Association of Ontario and the Alliance of Canadians Combatting Antisemitism. We hope these connections will add value to our AO members and help support our community as a whole. One of the most incredible AO Toronto events for me in the past few months was the Advocacy Committee Webinar - Media Reporting: Facts & Proganda. Warren Kinsella, Dana Levenson and Rabbi Aaron Flanzraich gripped our attention throughout the webinar. I was inspired and motivated to take action. The AO Revival Speaker Series was an incredible lecture by happiness researcher Dr. Gillian Mandich about How to find happiness and joy post October 7th. I came home wanting to share everything I learned with my family. Thank you to all our leaders and members who organized these incredible events. This past weekend, I enjoyed seeing our members and their families at the Family Skate night. I can barely skate – but it was so great to be active together! The advocacy committee and AO International have worked to send out letters and emails to all the deans of the dental schools across North America advising them of the dates of the Jewish holidays for the next five years in order to avoid scheduling events on these dates. We have also been working with the Baycrest Dental Clinic to ensure the clinic is meeting the needs of the community and emerging as a leader in geriatric dental care worldwide.

I am grateful for the incredible CE I get to enjoy as part of AO Toronto, but it is the personal connections, the advocacy work, the charitable work and the AO family feeling that have made AO such an integral part of my life since I started dental school (too long ago to mention!).

I look forward to seeing you all at our upcoming spring events!
Andrea

AORTA



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of Alpha Omega**

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Next Executive Meeting

Tuesday, May 27, 2025 (with the ABM)

Next AORTA Deadline (August)

Monday, July 7, 2025

Notable Achievements

Please inform the AORTA of fraters or members of their families who have achieved success, honours or milestones.

Benevolence

Please call Lorne Chapnick regarding illnesses or deaths of fraters.
Email: lorne.chapnick@utoronto.ca
Home: (416) 782-1521

The opinions as expressed by the editors and columnists of the AORTA do not necessarily reflect the views of Toronto Alumni Chapter and/or its executive. All correspondence should be sent to the editor at barryreinblatt@sympatico.ca

DENTAL VOLUNTEERS FOR ISRAEL

Dentists needed... to treat disadvantaged children in Jerusalem who cannot help themselves.

For information, contact **Les Train** at drtrain@rogers.com, or check our website at canadianfriendsofdvi.org.

RCDSO PET EXAMS

Are you writing the RCDSO Pet exams? Do you want to join others who are writing for a study group?

Email **Velarie** at info@aotoronto.org and we will put you together.



You are invited to join the **Toronto Alpha Omega Fraternity** group on Facebook

Do you have a story to tell that other Fraters would love to hear?



Contact the AORTA editor **Barry Reinblatt** at barryreinblatt@sympatico.ca with your suggestions!

SPONSORSHIP PROGRAM

If any Alpha Omega member knows of individuals or corporations who may be interested in sponsoring our programs please let me know. This will ensure the quality of our programs and events.

Please email this information to stephenkay@sympatico.ca. To all committee chairmen, please forward a list of your corporate sponsors. Also please list the contacts and email addresses.

Thank you.
Stephen Kay

FROM THE EDITOR



Need I say that this is probably the best time of the year. Days are warming up, the sun is shining (sometimes), the grass is turning green and the trees are starting to bloom. I hope you all take the time to stop and smell the roses, as the saying goes. While you are doing that, you can sit back and read this issue of the AORTA to see how AO Toronto is finishing up their programming year.

First of all, you can read about some past programs, including the two very popular ski trips, the evening Continuing Education seminars, the Skating Party, and the Winter Seminar/Charitable Draw. As well, you will find information on the final programs of the year: the Annual Business Meeting, the AO Revival Flower Arranging Workshop, the picnic at the Toronto Zoo, and Sailing Day.

There is also recognition for two of our fraters, **Laurel Linetsky-Fleisher** and **Michael Tenenbaum** on recent achievements. Pi Chapter has information about its recent Dental Office Crawl, as well as congratulations to the 2025 Grads. **Stan Kogon** gives his thoughts on the smell of bread, **Steven Brown** sends us another column to tickle our funny bones, and **Barry Korzen** sends a beautiful picture and description of the Tanur Waterfall. I hope you all enjoy this edition of the AORTA.

Barry Reinblatt



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Reminder that we will be at the ODA ASM 2023 in May. Visit our booth and meet us in person!

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is now on
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members only page



ALPHAOMEGATORONTO

SAVE THE DATE

Alpha Omega Sailing Day

Wednesday, July 9, 2025



UPCOMING EVENTS

ANNUAL BUSINESS MEETING

Tuesday, May 27, 2025
6:30 registration,
7:00 Meeting and dinner.
Bistro Grande
1000 Eglinton Avenue W.

AO REVIVAL FLOWER ARRANGING WORKSHOP

Thursday, May 29, 2025
7:00pm
Petals In The City
83 Glengrove Avenue W.

FAMILY PICNIC

Sunday, June 8, 2025
10:00am - 3:00pm
Toronto Zoo

AO SAILING DAY

Wednesday, July 9, 2025
Island Yacht Club

PLEASE JOIN THE GLOBAL AO GROUP

When you join, please identify yourself to the group and indicate that you are from the Toronto Chapter. Join the group and communicate with AO members worldwide!



Global Alpha Omega group
WhatsApp group



Just A Reminder...

The Roster is for the exclusive use of the membership of Alpha Omega Fraternity. Anyone found using this directory for solicitation purposes will be prohibited from advertising to Alpha Omega and may be the subject of legal action.

...1000 WORDS

BY BARRY KORZEN

The Tanur Waterfall in the Lyon Stream Nature Reserve

The Nahal Lyon gorge is located in the Lyon Stream Nature Reserve adjacent to the border with Lebanon. The major attraction in the gorge is the waterfalls – the Ayun waterfall, the Mill waterfall, the Cascades and the Tanur waterfall. These waterfalls flow all year round, and along the channel there is an abundance of water vegetation. Two of the waterfalls are considered especially beautiful and impressive: The Mill Waterfall – relatively broad, 21 meters high, alongside which are the remains of a flour mill that, in the past, was the only flour mill in the country under Jewish ownership; and the Tanur Waterfall, 30 m. high, one of the highest perennial streams in Israel.



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AO TORONTO ALUMNI &
AO HOUSE ASSOCIATION'S

2025 ANNUAL BUSINESS MEETING



MAY 27, 2025
TUESDAY

**BISTRO
GRANDE**



1000 Eglinton Ave West

6:30 PM:
REGISTRATION & HOR D'OEUVRES
7:00 PM:
START OF MEETING & DINNER

Please join us for our Annual Business Meeting.
RSVP BY SUNDAY MAY 18, 2025

INFO@AOTORONTO.ORG



EVENING CONT. ED. REPORT

On February 10, many society members braved a cold winter evening and were treated to a fantastic presentation on Implant considerations that was very well received. Thank you again Philip Walton

Dr. Geoff Duviner gave our members a very informative presentation on MRONJ Tuesday March 18th. He presented the latest ways to diagnose and treat this rare but potentially destructive reaction to antiresortive and antiangiogenic drugs.



SLICE OF PI

2025 PI CHAPTER GRADS



Hadass Moyal

Dental school gave me four unforgettable years filled with amazing memories and lifelong friendships. Some of my favorite moments include being part of the Alpha Omega executive team and attending this year's AO convention in Florida. After graduation, I plan to work in a warm, patient-centered practice in the GTA. I'm truly grateful to everyone who supported me along the way.



Lauren Cait

I really enjoyed being part of AO throughout my entire dental school journey! Attending the formals was a highlight for me, as well as establishing connections with the broader AO community. I'm excited to start practicing in the GTA next year!



Rachel Shulman

I had the most amazing time throughout my dental school journey. While there were plenty of ups and downs, AO supported me through all of it. I am forever grateful for becoming a part of this amazing network and look forward to staying a part of it throughout my career in private practice!

REMAINING GRADUATES

Cassandra Collins	Jasmin George
Celine Della-Quercia	Joanne Lin
David Muller	Alissa Li
Debbie Kao	Mahdiyar Malek
Emma Wilson	Matthew Greco
Emmy Sun	Melissa Leung
Hai Xin (Clara)	Nicole van Daalen
Cheng	Roxanne Bates
Hee Ran Son	

AO INTERNATIONAL AWARDS THE CERTIFICATE OF MERIT TO OUR OWN LAUREL LINETSKY-FLEISHER

This award is presented to a frater for outstanding and exemplary service at the International or Chapter level of Alpha Omega for over ten years. It is our great honour to present to you Dr. Laurel Linetsky-Fleisher of the Toronto Alumni Chapter as the recipient for the International Certificate of Merit.

Laurel has had a leadership role in Alpha Omega throughout her professional career culminating with her serving as Alumni Chapter President in 2021. In 2008 she was

instrumental in conceiving and since running AO Revival which is a program designed to increase and improve participation of young AO members. She worked on and helped revise the Alpha Omega Foundation of Canada website. There are few committees or events on the local level that she is not involved in and has been a leading advocate in the chapters fight against Anti-Semitism. Her philanthropic work in Toronto is exemplary. She chairs the Venture Sinai program at Sinai Health Foundation that raises much needed funds for the Lunenfeld

Tanenbaum Research Institute. She is a past Board member of Jacobs Ladder and The Pencer Brain Trust at the Princess Margaret Hospital, she ran the Prep Parents Organization for a 3 year term at Upper Canada College and the list goes on.

She has been married to Danny Fleisher for 32 years and has four sons - Zach, Brandon, Sammy and Jonah.

Congratulations Laurel!



THE STAFF OF LIFE



It was mid-morning and the radiology clinic was full of students working on their cases or waiting to have them reviewed. One lad raised his head from his monitor and said, "I smell toast." In a few seconds, all the students confirmed that they could smell toast and there was no doubt that they were correct. Down the hall was a small room where staff made tea and coffee and microwaved lunches. A quick check found a dental assistant toasting a few slices of bread to have with her morning-break cup of tea. I returned to the clinic and posed this question to the students. "Is there anyone here that does not like the smell of toast being made or better still, fresh bread from the oven?" The answer was immediate. Everyone said they enjoyed the smell of toast but in particular freshly baked bread. Over the next few months, I asked many acquaintances about their like or dislike of the smell of fresh bread and although a few did not seem to care, most said that they loved it. That in itself seemed to qualify for a bit of research. As evolved humans, is there an explanation for our odour preferences and why do so many like the smell of fresh bread? I chose two paths of research. First, to sketch a brief history of bread and secondly to try to narrate our cultural relations to the staple. To simplify, I shall exclude rice in Asia and maize in the Americas.

Recent archeologic finds suggest that bread-making may have preceded the cultivation of crops by thousands of years. Findings in the Black Desert in eastern Jordan, dating back more than 14,000 years, provides evidence of grinding a variety of wild grains and root tubers to make a coarse flour which

was mixed with water. The resulting dough was heated over a fire to produce a pita-like product which was probably used as a wrap for seared meats. As humans began to shift from the hunter-gathering life-style to the more sedentary life of farming and animal husbandry, it was cereal grains which were primarily grown. Over time, the wild forms were genetically improved to increase yield, increase pest resistance, and enhance suitability to the local environment. By about 6000 years ago, the Egyptians were growing wheat and making bread. They painted walls and carved hieroglyphics in stone demonstrating the production, serving, and the eating of bread.

All early breads were of the unleavened flat style which stored and travelled well and could be produced quickly. The ingredients were flour, water, oil or yogurt, and salt. Some modern flatbreads do add some leavening, resulting in a softer product such as pita bread. Wikipedia lists at least 130 different flatbreads; each is culturally distinct. Matzoh is a reminder of the bread that was a staple in Egypt 3000 years ago. Illustrations of the yummy topping of schmaltz and gribineh has yet to be found on the walls of ancient Egyptian temples. Our modern version differs only in shape, industrial production, and packaging in those familiar cartons.

There is no specific date for the introduction of yeast or other leavening ingredients, all of which produce carbon dioxide and yield the fluffier bread that has become universally popular.

I can imagine a scenario that goes something like....

Bo-Ris trudges home after a brutal day in the hot sun building pyramids. He enters his condo and finds his wife not home. She is often late returning from her creative hieroglyphics class. Bo-Ris, parched after a day of chipping granite, eagerly dips his cup into the cool vat of fresh beer. Although still vigorously bubbling, it hits the spot. He has another and then one more. Now a bit tipsy, he climbs the ladder to the roof to enjoy the setting sun and a cool breeze. Unfortunately, he misses the first rung and sloshes his beer over the bread dough which is waiting to be

baked for supper. He gives the dough a bit of a massage to hide his deed. As the sun sets, he recalls that his wife had told him she would be later than usual because she was going to visit her sister in the next oasis and their ageing donkey had lost its giddyap and could be quite slow. Bo-Ris falls asleep and much later descends into the condo and immediately notices an unfamiliar but pleasant odour. He finds his supper of onions, goat stew and beans on the table along with an unusual lump of brown stuff. His wife explained that something strange happened to their crunchy flat bread. Bo-Ris tried the new clump and liked it!

Over the next two thousand years both leavened and unleavened bread products spread across Africa, Europe, and Asia and further afield to India. Bread varied as to ingredients, shapes, and uses. Cultural influences were reflected in the bread type, choice of cereal grain, shape, and the inclusion of other additives. Production was exclusively homemade. Grains such as barley, oats, and rye as well as wheat were ground into coarse flour and mixed with water, oil, or wine. By 2000 years ago, the first evidence of communal baking appeared and commercial bakeries were seen in Greek and later Roman communities. The wide availability of cereal grains, surpassed less predictable hunting and even domestication of animals as provision for sufficient nutrients. This became especially true for the general population who mostly worked on small farms or laboured at menial jobs to support their families. Slaves were often paid in loaves of bread. The wealthy relied less on bread products but grew increasingly fond of pastries. It became clear that wheat was a preferred grain and the finer it was milled and sifted the better the bread tasted. Again, the extra time and equipment needed to improve the product was a cost barrier which divided the poor from the rich. The courser rougher textured breads, containing less wheat and more rye or barley, was the main food of the poor. Bread also found its way into religious rituals. The Christian eucharist and the Jewish dough offering, or Challah, given to the Kohanim, are two examples which became part of customary practices. Throughout the middle-ages and into more modern times,

commercial and economic influences became entangled with bread production. In Europe, breadmaking moved from a communal activity to a commercial enterprise. Organization of guilds and government policy crept into bread production and sale. Laws were passed to regulate cost and place tariffs on imported grains. The wealthy could employ bakers and obtain high quality sifted white flour but as the cost of grain rose, or weather affected farming, commercial bakeries especially in large cities were forced to add adulterants to the dough. During the 1800's, everything from chalk to sawdust was added to reduce the cost and of course reduce the nutrient value of the bread the general population consumed (Victorian Bakers, episode 2, BBC2).

There is evidence that throughout North America, Bannock, (Aboriginal bread) was of practical importance and likely existed before colonization. Wild grain, maize, roots, and nuts were ground into a flour and mixed with water and tree sap, then cooked in a pit-oven or toasted over an open fire. It was easily carried in a pouch while hunting, fishing, and trapping. Bannock, which has a name derived from a Scottish flatbread, often included berries and nuts, and became an important food.

Although I cannot make a Darwinian connection to our enjoyment of the appealing smell of baking bread, it seems to me that as bread gained dominance as a primary source of nutrition, we became positively sensitized to its presence and manufacture. Just as turkey vultures can detect a minute number of molecules of decaying carrion while flying high above the ground, a skill that probably became enhanced over time, perhaps we became similarly sensitized to react to a handful of toast molecules drifting down the hallway.

There is no doubt that odours can trigger vivid memories both enjoyable and sometimes not so. I could not conclude this essay without a personal reference, which might be familiar to readers of the 'senior' persuasion. One of my chores as a young lad was to walk a couple of blocks to the Health Bread store situated near the heart of the Kensington market. I can remember entering the warm store and experiencing the wonderful aroma of fresh bread. In the winter, it was a treat to

stuff a warm challah or rye into my jacket and enjoy both the smell and warmth of the loaf all the way home. I mentioned in an earlier essay that Health Bread was the source of the world's best blueberry buns. You might be surprised that the subject of blueberry buns provoked a cultural anthropologist to write the definitive treatise on the subject* Finally, memory of trips to a small bakery called 'Perlmutter's' (AKA Pearlmuttar's see Fig.1), on Baldwin St., still stimulates my sense of taste as well as smell. The establishment, overseen by Bubba Perlmutter, was the source of the best onion buns ever made. We have tried for 60 years to find the equal, with no success.

*Jillian Gould. "Blueberry Buns: History, Community, Memory" in Material Culture Review (57), 2003. <https://journals.lib.unb.ca/index.php/MCR/article/view/17941/22013>

Fig. 1



Stan Kogon.



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SKI TRIP

Let it snow!

And so it did... I can't remember the last time we have been so fortunate with snow. RICKY and I have run these trips for 25 years, 40 trips in total. Since we plan these trips almost a year in advance we never know what type of conditions we will have. This year we hit the jackpot. Ischgl, Austria, is known for his party atmosphere and après-ski. For us it was known for the beautiful Brigette Hotel, sunshine and snow. For the 20 of us that participated in the few that braved the evening toboggan course, it was a great holiday. We are already in the planning stages for next year. So if you like European charm, huge resorts, great informative lectures and great food, don't hesitate to sign up for next year's European ski seminar.

Sun peaks, British Columbia did not disappoint either with snow. With 40 participants ranging in age from 3 to 78 (Doug Hendler) we all had a great time. True to its name, Sun peaks offered up great bluebird days with plenty of terrain. Half the size of Whistler and 1/10 the lineups, Sun peaks is a great family resort. This is our second time there, last time was in 2002 and boy has it changed. There is now a beautiful village and a hill with a great variety of ski levels. Everything to keep the Weinberg's happy as well as the youngest of our group, Aiden Polakow, and Isabel Giddens. In addition, Rick's grandchildren, Skyler, and Daniel and Blumenfeld kids, Ryan and Maya made sure the next generation was well represented.

Thank you to all who participated, especially our third committee member, Jeff Mandel. Without Jeff there would be no food on the table.

And finally a shout out to Ron Barzilay, who always seem to find that extracurricular activity in Europe that put the cherry on the top.

A resounding toast to all of our sponsors. Without them, we could not do what we do with such polish. Thanks again. See you next year!!

Mark Librach
Alpha Omega ski seminar committee





ALPHA OMEGA Winter Seminar Series 2025

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AO PI CHAPTER DENTAL OFFICE CRAWL

We had the most amazing time visiting so many offices for our first ever dental office crawl.

We started our night right with mentorship and appetizers at Annex orthodontics and periodontics visiting the amazing Dr. Andrea Heckler. Dr. Lani Krauss also joined us and spoke about her experience as an associate and in her AEGD.

All of us then travelled to Midtown Dental to visit Dr. Robyn Kutner. We had the most delicious pizza and had her share her story of being an associate for years to owning a successful practice.

Lastly we all had dessert with Dr. Sharon Perlmutter and Dr. Samantha Fialkov at Perlmutter dentistry. We learned about her family practice and how important continuity of care is for patients.

Thank you to all the ao members that came out and made this one of our most successful events.

Rachel Shulman



SKATING PARTY

On Sunday April 6th 2025 Alpha Omega Toronto alumni chapter hosted a skating and hockey party at the Larry Grossman Arena from 5-7 pm. The afternoon started with family pleasure skating followed by a delicious selection of food catered by Tov Li. The event continued with a recreational game of family shinny hockey. The event was enjoyed by over 70 people in attendance. Many who attended requested that this event be repeated again in future years. Special thanks to Betty and Jordan Klinitz for organizing this successful event.

Fraternally,

Stan Klinitz.



ALPHA OMEGA TORONTO CHAPTER

2025

FAMILY PICNIC

AT THE TORONTO ZOO

FREE FOR ALL AO
MEMBERS, SPOUSES
AND THEIR OWN
CHILDREN OR
GRANDCHILDREN
(<18)

SUNDAY
JUNE 8
10:00 AM - 3:00 PM

Kosher Cheese Pizza will be served at 12:00 PM.
Please bring lunch, snacks, and drinks for your family!
AO members, children, grandchildren and guests welcome!
There will be a registration desk at the entrance to
welcome our AO Families and Friends.

The Wildlife Marquee is reserved for our group for the
day. If you need to take a break and kick up your feet
we have the space from 10:00 am - 3:00 pm

MORE DETAILS TO FOLLOW!

JOHN LENNON ANSWERED...

JOHN LENNON ANSWERED "I WANT TO BE HAPPY" WHEN THE TEACHER ASKED HIM WHAT HE WANTED TO BE WHEN HE GREW UP. Steven Brown

I just need to mention a few quick things, to add to your collection of things you won't want to waste time trying to remember. A reminder of the top 5 movies of all time. 1. Being There (a must watch. Peter Sellers). 2. Ferris Bueeler's Day Off. 3. The Matrix. 4. The Breakfast Club. 5. Let It Ride (Spectacular if you've ever been to the horse races. Richard Dreyfus.) #1a, also would be - Scent of a Woman - HOO WAAH! Al Pacino.

And now a few guys to add to the previous music list I gave you. 1. Tom Cochrane (Life is a Highway.) 2. Eddie Vedder (Into The Wild). 3. Don Henley (The End Of The Innocence). And I also didn't mention; you must listen to Bob Seger (By The River). If you have kids, especially.

Once again. Let's get Paula out of the way. Only figuratively speaking. I love listening to Paula argue with me for 10 minutes, without me even answering or speaking. And secondly. Paula says I never compliment her. So last night on our way out to dinner, I complimented her! I said "Man, We look good!" And thirdly. When Paula was in labour with our first child, I phoned the doctor, and was a bit hysterical, and he asked "Is this her first child?" And I answered "No. This is her husband."

And some stuff in general. I got out of a speeding ticket last week. The cop flagged me down, I rolled down my window, and he said "I've been waiting for someone like you all day." So I replied "I got here as fast as I could!" Also, in response to American tariffs; I'm going to drink all my American bourbon tonight, (only 2 bottles), and then not buy another bottle again. Next. Paula, don't read this. Did I tell you I met my wife at a beauty contest. Yup. I was a judge, and she was sitting in the last row. IT WAS A JOKE! Speaking of dating. The Bays liquidate sales reminded me of all my first dates. I never took them out for dinner. We always went to a bar. I called it a "Liquid Date."

On to the TTC. That's a double entendre.

"Attention TTC customers; The delay we were experiencing, wherever Steven Brown is at any moment, is now clear. Intermittent service will resume shortly." And today on the TTC. Two different people, two different times offered me their seat on the subway. One was a lady with a walker. So I decked her. And then the guy beside me said "You don't look so old. You look sprightly." So, I decked him too. But later that day, a Presto ticket checker called me over when they heard my Presto card ding twice, and asked if I was really a senior. So I kissed her. Don't call Barry yet. That stuff comes later. Still with travelling. When driving, if nobody's coming, a Stop Sign is just a suggestion to slow down. Still cars. I think I may have told you why I don't have any tattoos. Have you ever seen a Ferrari with a bumper sticker. No confidence lost here. Example. A lady that I sit beside at our breakfast club is very, very short. I recently passed her in the hallway, and couldn't stop myself from saying "Gee. You're a lot taller when we're sitting down." But, back to cars. I was in a 40 km/h speed zone, and I was only doing 43, and I saw the flash. I shouted, "No Way!" So I went around again, and did 41. Another flash. OCD kicked in. So I went around again, and purposely did 38. But another flash. Two weeks later I got 3 tickets for driving without a seatbelt.

Next. Dollarama. There's a job for everyone. I asked an 'associate', where the mouse traps were. It was December. He said "No mouse traps sir. They're seasonal." I had to reply "So they fly south for the winter?" Another example of there's a job for everyone. I get free parking at the PWHL women's hockey games. I pull in underground and the attendant says, "Can I have your name sir." Steven Brown I said. She told me she couldn't find my name on the list. So I suggested it might be under Dr. Steven Brown. She said "Nope. I still can't find it." I asked for the list, and after 2 seconds I handed it back to her and said "It's #7 on the list." She looked, and said "Ohhhhhh. Brown Steven!" At the same Ladies pro hockey game, I kid you not. New York got called for "Too Many MEN On The Ice." And this has NOTHING to do with Paula. But, if you marry an alcoholic, you can make a lot of money. They buy the alcohol, and you take back the empties. And speaking of drinking.

(Man, this flows). OK. OK. ('Person, this flows.' Politically correct") Another double entendre. Every Friday night, I go to the same bar, and order three separate shots of liquor. I clink them together, and drink them up. After a few weeks, the bartender asked what this was all about. I told him I had a brother in California, and another in Florida, and I hardly ever see them. So I like to do a toast every Friday night 'with' them. After a few more weeks, I only ordered two shots. And the bartender came over and said "I'm so sorry. Which brother died?" I said "Neither. I just stopped drinking."

As usual. I ain't going' back, but I forgot something about Paula. She was baking bread, and she was out of yeast, and asked me to go out and get some. Not wanting to, I said - Why don't you just call 'Uber Yeast.' And did you know I'm learning to be a physician just by watching CNN commercials. I ain't explaining that one. And you can't google it. While we're on the topic of snowfalls. After those 2 huge snowfalls we had this year in March, I told anyone who would listen, that there's so much, this stuff won't melt until May. Soooo, I'm never going to listen to me again! But this is always why I finish a book. Even if it's not very good. There might be something worth stealing right towards the end.

Next is student stuff at school. Sometimes a student will pass me, as I'm sitting alone, and ask why I'm laughing. I always say "Why not?"..... Or.... "I'm telling myself a joke I've never heard before." And students have to get their patients medical history cleared before starting, and one came up to me and said "Dr. Brown. This patient. There's no medical history." (They meant everything was OK.) I said, "If they're alive then there's a medical history!" Another one asked a question that anyone would figure they should have know the answer to, about using a pair of bird beak pliers, to adjust a clasp, by the end of their 3rd year. I semi jokingly said. "You're going to be a dentist in 2 weeks." She said "I'll just Youtube it." OYE! But some students are really, really good. So when they take an excellent impression the first time, I always love to tell them they make a good first impression. (Another double entendre if you're keeping track. That's three.)

Well. You aren't going to believe this, but it's true. I swear on my mother-in-laws grave. When I was in practice. A 70 year old came to me with a fractured upper central. I told him not to worry. I'd done this a thousand times. And it never fails. Well, it broke off 3 times in the first year. So when, after another year, he came in, and it still looked good, I said "Mazel Tov. It's still looks great." He replied "Yeah, I stopped chewing ice cubes." OMG. I said "David. A lot of people chew ice cubes, but this shouldn't have anything to do with it." He said "Well, I just like to get that first crack in, on my front teeth." I said "You owe me \$740!!!"

Dial the first 6 numbers of Barry's phone now. Sorry. The first 9. Here we go. I keep wanting to look up what ADHD means. But I keep getting sidetracked. And this is just my opinion, but when the Hammas-(holes) release 4 dead bodies, and say they died of natural causes, I don't think 'no medicine' is really natural causes. And I'm warning you. Don't call me. Call Barry. Because I don't have a cell phone, as you know, and the land line message says "This is Steven. I don't care, but Paula might." So be aware if you leave the message. It ain't worth it.

And I cut this out of some book. It's worth stealing. It goes like this -

"If any of you are old enough to remember" — "In those days we not only used carbon paper, but when you phoned somebody you actually got an answer from a human being on the other end, not an answering machine with a ho ho ho message. In those olden times, you didn't have to be a space scientist to manage the gadget that flicked your TV on and off. That ridiculous thingamabob that now comes with 20 push buttons. God knows what for. Doctors made house calls. Rabbis were guys. Kids were raised by their moms instead of in child-care pens like piglets. Software meant haberdashery. There wasn't a different dentist for gums, molars, fillings, and extractions. One nerd managed the lot. If a waiter spilled soup on your date, the manager offered to pay her cleaning bill and sent over drinks, and she didn't sue for a kazillion dollars, claiming "Loss of enjoyment of life." If the restaurant was Italian it still served something called

spaghetti, often with meatballs. It was not yet pasta with smoked salmon, or linguini in all the colours of the rainbow, or penne topped with a vegetarian steaming pile that looked like dog sick."

Soooooooo, I'm out of Post It notes, so I must be done and as usual I remain,

Doc Brown

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DR. MICHAEL TENENBAUM



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Congratulations Dr. Michael Tenenbaum on being appointed as
TAU Canada's new National President.
Michael has served as Alpha Omega's International President (2011)
and is a member of Toronto Alumni Chapter.
Tel Aviv University Canada is fortunate to have a President as
dedicated and committed as Michael.
Mazal Tov and Be'Hatzlacha Michael!!



AO REVIVAL PRESENTS

Floral Design Workshop

with Petals in the City

THURSDAY, MAY 29, 2025

7:00 pm | 83 Glengrove Ave. W

Please join us for this amazing
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Limited attendance.

RSVP promptly to avoid
disappointment.

Wine & light dinner provided
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AO MEMBERS & IMMEDIATE FAMILY ONLY

contact the office for more details! info@aotoronto.org

2025 WINTER SEMINAR AND CHARITABLE DRAW

The 2025 Winter Seminar and Charitable Draw was held on February 28 at Beth Emeth Synagogue.

We hosted the Princess Margaret Hospital Dental Oncology team. Their excellent joint talk - **Half your patients will have cancer. How does this impact their dental care?** was information-packed, sharing new evidence, and refreshing our memory on other relevant points.

Dr. Patricia Brooks spoke in-depth about diagnostic criteria and cancer treatment: What relevant information should we ask our patient for? She was followed by Dr. Gaurav Krishnamoorthy who spoke about normal and abnormal radiology findings: what should we look for, and when should we get concerned? The day ended with Dr. Shahad Joudah who spoke about preventative and restorative treatment for patients with cancer.

149 members were in attendance. I assure all of you that we are working hard to make sure that during the 2026 winter seminar, the AV quality will match the excellent talk.

The Annual Charitable Draw took place during lunch time.

\$8,175 was raised through this year's Charitable Draw!

The awesome prizes were coordinated and organized by our awards committee members - Caroline Alpert, Iris Kivity-Chandler, Laurel Linetsky-Fleisher, Tammy Herzog, Lani Kraus, and Andrea Heckler. Thank you to them, and to all of our members who asked their reps, friends and family for prizes - and who donated prizes themselves.

Thank you to all of our prize donors - please see the donor list in this Aorta and please thank our donors!

And of course - Thank you to everyone who supported the event and our charities by buying tickets! As always, the funds will be distributed through the chapter's Charitable Board of Trustees.

The event was generously supported by **ClickGuru, Diagnocat, Henry Schein, IA Private Wealth, PPS Professional Practice Sales, and RDT Dental Lab.** I wish to thank all of them for their support in our chapter, and specifically in the winter seminar.

We continue to pray for the hostages and for more peaceful times. I hope for courageous and compassionate Israeli leadership that will make sure we don't need to continue and pray for our hostages to get back to their families. Bring them home NOW!

Guy Aboodi, Chair



Thank you

A big thanks to our donors from our
2025 Winter Charitable Draw

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Emergency Aid To Israel

PLATINUM CARDS

Condolences

Dr. Jeffrey Levman on the loss of his mother
Ethel

Drs. Sharon Sussman & Avi Wurman

SILVER CARDS

Condolences

Jenni Schwartz on the loss of her husband Dr.
Brian Schwartz

Dr. Sheldon & Marlene Cooper

TRIBUTE CARDS

Congratulations

Dr. David Bistriz in appreciation of taking
care of my dental needs

Dr. Aubey & Marilyn Banack

Dr. Francinelee Hand in appreciation of an
insightful day

Dr. Aubey & Marilyn Banack

Dr. Stacey Kirshenblatt on the birth of her
baby Emma

Dr. Aubey & Marilyn Banack

Condolences

Beverly & Michele Banach Family on the loss
of Carole Banach

Dr. Aubey & Marilyn Banack

Gilda Niman on the loss of her mother Ettie
Wosnick

Dr. Aubey & Marilyn Banack

Dr. Larry Silverberg on the loss of his daughter
Dana Silverberg Gillespie

Dr. Aubey & Marilyn Banack

General Tribute Fund

GOLD CARDS

Condolences

Dr. Jeffrey Levman on the loss of his mother
Ethel

Dr. Jack & Michelle Bottner

Dr. Jeff Solomon on the loss of his sister
Sheryl Goldlist

Dr. Andrew Kay

TRIBUTE CARDS

Condolences

Dr. Lani Kraus on the loss of her grandmother
Rela (Ruth) Berneman

Dr. Charles Weingarten

Terry Shapero Fund (Yad L'Kashish)

GOLD CARDS

Congratulations

Dr. Laurel Linetsky-Fleisher on receiving
the Alpha Omega International Certificate
of Merit.

Dr. Rick Rodney

GOLD CARDS

Condolences

Pamela Ross and Family on the loss of her
husband Frater Dr. Arthur Ross

Dr. Rick Rodney

Alpha Omega/ Henry Schein Holocaust Survivors Oral Health Program

TRIBUTE CARDS

Condolences

Oded Hubert & Dr. Bonnie Chandler on the
loss of his father Andrew

Dr. Stanley & Ellen Markin

CONDOLENCES TO:

Dr. Jeff Levman on the loss of his mother
Ethel

Dr. Jeff Solomon on the loss of his sister
Sheryl Goldlist

Dr. Larry Silverberg on the loss of his
daughter Dana Silverberg Gillespie

Oded Hubert and Dr. Bonnie Chandler on
the loss of his father Andrew

Pamela Ross and Family on the loss of
her husband Frater Dr. Arthur Ross

TRIBUTE

TRIBUTE FUND PRICES

1. Tribute Cards \$18.00 each
2. Silver Cards \$25.00 each
3. Gold Cards \$36.00 each
4. Platinum Cards \$50.00+ each
5. Bulk Tribute Cards (10 cards) \$150.00 each

FOR TRIBUTE CARDS:

Donate **online** at aofoundation.ca

For assistance, contact Harvey Cooperberg at (416) 223-4616, or by email at tribute@aofoundation.ca

6. Toronto Alpha Omega Forest \$18.00 per tree.

A donation of Trees in the Toronto Alpha Omega Forest in Canada Park, Israel, may be ordered directly from J.N.F. When ordering please indicate the purchase through Alpha Omega Fraternity.

JEWISH NATIONAL FUND (416) 638-7200

ALPHA OMEGA OFFICES (416) 250-7417

or email info@aotoronto.org

or fax 416-250-8668

Hours: 9:00 a.m. to 1:00 p.m. Weekdays Only

Anyone needing help or information with tribute cards, please contact:

Harvey Cooperberg at tribute@aofoundation.ca, or call Harvey at (416) 223-4616. As well, anyone who wishes to volunteer some time assisting with this very worthwhile cause, please contact Harvey as above.

Honour a loved one and perform a mitzvah with Alpha Omega Tribute Cards

WHERE DO THE TRIBUTE CARD FUNDS GO?

The Alpha Omega Foundation of Canada distributes funds from the sale of tribute cards to Dentally related agencies such as:

- Dental Volunteers for Israel
- Beit Issie Shapiro (Services to Disabled Children)
- Dentistry for All (Clinic in Guatemala)
- Princess Margaret Hospital Dental Clinic
- Emergency Aid to Israel
- Yad LaKashish (Services to the Elderly)
- CAMH Dental Clinic
- ALEH C.A.R.E.S. Dental Clinic
- AO Dental Centre at Baycrest

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ALPHA OMEGA TORONTO CHAPTER

2025

FAMILY PICNIC

AT THE TORONTO ZOO

**FREE FOR ALL AO
MEMBERS, SPOUSES
AND THEIR OWN
CHILDREN OR
GRANDCHILDREN
(<18)**

**SUNDAY
JUNE 8
10:00 AM - 3:00 PM**

**Kosher Cheese Pizza will be served at 12:00 PM.
Please bring lunch, snacks, and drinks for your family!
AO members, children, grandchildren and guests welcome!
There will be a registration desk at the entrance to
welcome our AO Families and Friends.**

The Wildlife Marquee is reserved for our group for the day. If you need to take a break and kick up your feet we have the space from 10:00 am - 3:00 pm

MORE DETAILS TO FOLLOW!